

From PET – Examination Papers. Book 7. Reading Test 2.

Part 1 - Questions 1-5

Look at the test in each question. What does it say? Write the correct letter A, B or C on the answer sheet.

- 1 I'm here for a short visit. Edinburgh is fantastic. After visiting Scotland, I'm going to Wales. Be back on Saturday.
Julia

A Julia is visiting Scotland.
B Julia will go to Wales on Saturday.
C Julia will be in Edinburgh on Saturday.

- 2 **WE I.D.
UNDER
AGE 30**

A We reserve the right to check anyone's identification.
B All people under the age of 30 must present their identification.
C All people 30 years and older must present their identification.

- 3 **These seats must be vacated
for Seniors and Disabled
Persons**

A Seating only for the elderly and handicapped.
B Please give up this seat if you see an elderly or handicapped person standing.
C Seating for young people.

- 4 **10 min. PARKING
PICK UP / DROP OFF
Driver must remain w/vehicle**

A You may park your car here for a minimum of 10 minutes.
B You may leave your car here for only ten minutes.
C You're permitted to park here for a maximum of 10 minutes and required to stay with your car.

- 5 Mary, can you please send me the packet of three books I asked you for? You can send it to my house or to the office. Remember that I won't be at home on Tuesday.
Michael

A Michael wants Mary to send him three books either to his home or office.
B Michael won't be in his office until Tuesday.
C Michael wants a packet of books on Tuesday.

PART 2. Questions 6-10

The people below are all looking for an ideal job. Read the eight descriptions of various jobs available. Choose which job (letters A-H) would be the most suitable for each person (numbers 6-10). There are three extra letters which you do not need to use. Write the letters on the answer sheet.

6 Erik: I studied computer science for 5 years at university and have a photographic memory when it comes to details. I enjoy working in a team or independently, as I am very well organized. I have 3 years of work experience in a private company, working as the Assistant Head Technician. I am looking for a full-time job.

7 Carl: I am a full-time biology student currently attending university. My courses are throughout the morning and afternoon hours. I am available to work during the evening hours and at weekends.

8 Shelby: I am at home busy raising my three children. I am looking for a job that will allow me to work from home and guarantee a minimum income of €800 a month. I have strong computer and secretarial skills. I am a native French speaker.

9 Julia: I have just graduated from university with a degree in special education. I am looking for a school where I can gain experience. I have just finished one year substitute teaching for a colleague on maternity leave. I hope to find a permanent position for the upcoming year.

10 Teresa: I am a Spanish speaking Hispanic-American with six years of work experience in sunglass retail. I love living in different places and travelling. I'm hard-working, sociable and active. I have no restrictive work requests. I only require a good medical plan.

JOBS

A Excellent chance to work with young people as an instructor in a classroom. One year of prior experience in the classroom, substitution or student teaching is required. The chosen candidate will be responsible for working from 8 am to 3 pm five days a week with possible meetings outside of normal working hours.

B Excellent opportunity available with a major corporation in the optical industry. We are looking for part time and full time sales associates. Must be willing to travel and be flexible. We offer a great benefit package including medical and dental plans. We offer a base salary plus a great commission program. Optical experience would be a bonus and bilingual a plus, but not necessary. We are looking for out-going and energetic people.

C Server Needed Immediately - prior restaurant or bar experience would be an asset, but not necessary. Restaurant serves dinner only, so good references needed and flexibility to work late night or weekend shifts required.

D We are looking to hire someone with computer skills, who has drive and is autonomous. Bilingual an asset, and office hours aren't necessary. Salary based upon skills and time, though a monthly salary of minimum 900 euro is guaranteed.

E We are looking for an IT technician who can assist us in building up our team of IT techs in a new start-up operation. He/She must have 2-3 years of work experience, valid driving license and flexibility to travel for work and ability to work independently and long hours.

F Must have excellent customer service skills. Excellent organizational skills, great work ethic and ability to lift and multi-task are necessary. The successful candidate must be available to work nights and weekends.

G A state licensed health resort is seeking a qualified professional, friendly, and warm personality to match our Spa. Knowledge and practice of different modalities, specialities, techniques in muscular stimulation is more opportunistic for you, but not necessary. Full time, part time, or flex schedule position available.

H Seeking candidates with Bachelors Degree in Architecture, proficiency in AutoCAD and/or other computer programs, like Microstation, ability to communicate efficiently through various mediums with clients, contractors and colleagues.

PART 3 - Questions 11-20

Look at the sentences below about two integrative exercises. Read the text and decide if each statement is correct or incorrect. If it is correct, write A and if it is incorrect, write B on the answer sheet.

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|----|---|-------|
| 11 | Yoga and Pilates are only meant for young people. | A / B |
| 12 | Yoga and Pilates are different exercises. | A / B |
| 13 | Yoga is only a spiritual exercise. | A / B |
| 14 | The creator of Pilates was a spiritual leader. | A / B |
| 15 | Pilates was developed for prisoners of war. | A / B |
| 16 | Yoga focuses on lengthening the body. | A / B |
| 17 | Pilates works on breath and motion coordination. | A / B |
| 18 | Breathing is important for both exercises. | A / B |
| 19 | Reducing stress is achieved only through yoga. | A / B |
| 20 | Results are achieved over time and not immediately. | A / B |

YOGA AND PILATES

Today, yoga and Pilates have become very trendy exercises amongst the young and the old alike. Both are excellent ways to work our muscles and at the same time they help reduce stress and anxiety. But what are they?

Many people are unclear about the similarities and differences between yoga and Pilates. They are two forms of exercise that are so similar to an untrained eye, and though they are quite different, at the same time they are complimentary too.

Sometimes yoga is believed to be merely spiritual. While yoga has a long history of being associated as a spiritual practice, or a spiritual path in itself, that is not all it is. Pilates may not be spiritual, but it is rehabilitative. Pilates was founded by a man, Joseph Pilates, in the 1920s. Mr Pilates was a performer and a boxer who, together with his wife Clara, an experienced nurse, worked to develop exercises for a rehabilitation program for prisoners of war.

As time went on, the Pilates exercises were slightly modified in order to be applied to people of every age and fitness level.

While yoga is meant to focus upon stretching and strengthening the body, Pilates focuses more on strengthening and lengthening the body. Yoga has a history of placing great importance on breathing. Yoga uses breathing techniques, poses (yoga asanas) and meditative practices that are all based on the breath. Pilates, on the other hand, specifically coordinates the breath with each motion of the exercises. Joseph Pilates believed that the breath associates the physical energy with the attention of the mind and that this way it creates grace and flow in each movement.

Both systems emphasise that breathing is very important, even essential for the correct execution of both exercises. They work to develop long, physically powerful, elegant bodies that move efficiently without producing large muscles. They aim to reduce stress and improve the welfare of each individual. Yoga and Pilates restore the body's balance.

In recent years, Pilates principles have been incorporated into yoga work-outs. The yoga Pilates combination is natural because both exercises contribute to the creation of a balanced spirit and body. There are several ways to enjoy this kind of workout: you can do Pilates exercises before you begin the yoga practice or you can incorporate Pilates exercises throughout the workout.

Yoga and Pilates are exercises of dedication. Results are not immediate, but rewarded with constant or regular practice and study. It is similarly important to remember that they don't replace cardiovascular workouts or weight lifting. They're complimentary to them. They help lengthen your muscles and make the practice of other sports like running, swimming or cycling easier.

PART 4 - Questions 21-25

Read the text and the questions below it. For each question write A, B, C or D on the answer sheet.

Emilie

Emilie was a very good student in school. She always participated in class. When her teachers asked questions she was one of the first to raise her hand to answer. She was an intelligent girl, but she studied hard to get good marks, too.

At the end of her senior year, all of her friends were going away on holiday for the summer and returning home to attend university. Emilie only knew that she wanted to go to London for the summer, find a job and escape from home for a bit. She wanted adventure and adulthood all at once!

After she'd finished her last exams, she used all of her money and bought a plane ticket to London. Once there, she had a plan to stay in a hostel for two weeks time and within those two weeks she was determined to find a job that would allow her to be independent.

The first week was like being on holiday! She walked the streets of London not only looking for employment signs, but visiting all of the various sights. She'd studied art history in high school and was thrilled to be able to visit all of the art and portrait gallery museums that London had to offer!

One day when she was visiting the National Gallery of Art at Trafalgar Square, there was a Help Wanted sign. It was hanging in the window of the Administrative Offices of the National Gallery of Art. Emilie was so excited! She ran back to the hostel, changed her clothes, tidied her hair, and went straight back to the museum. Once inside she went to the information desk to enquire about the position that was being advertised in the window. Apparently there was an immediate need for an apprentice in the curator's office. Emilie couldn't believe her ears! She immediately requested an application which she filled out. Once she finished completing the application, she was asked to wait a few moments to see if someone in the curator's office was available to speak with her. After waiting twenty minutes she was taken into the office, interviewed and ten minutes later she was offered the job!

One year later, Emilie is still working in the curator's office at the National Gallery of Art in London and she is attending the University of London part time for a degree in art history. Looking back, Emilie is happy she made the decision to leave home in search of something. Something she didn't know she was searching for! In the end, she found her passion and her independence. It goes to show that not everyone has to follow the same path as everyone else to succeed!

21 What kind of student was Emilie?

- A She was naturally intelligent and didn't need to study.
- B She was carefree.
- C She was a studious and intelligent student.
- D She was lost and didn't know what to do.

22 What did Emilie want to do when she graduated from high school?

- A She wanted to go to university with her friends.
- B She wanted to live at home.
- C She wanted to travel and enjoy her summer holiday.
- D She wanted to find a job and independence in London for the summer.

23 How did Emilie pay for her trip to London?

- A She asked her mother for money.
- B She used her own money.
- C She got a job to pay for it.
- D She asked her friends to loan her the money.

24 What happened to Emilie in London?

- A She had a very nice holiday.
- B She met her future husband.
- C She found a very good job.
- D She was disappointed with her experience.

25 What is the moral of the story?

- A Success can be found in many different ways.
- B You need money to gain success.
- C Happiness is where the heart is.
- D You must follow what others do to be successful.

PART 5 - Questions 26-35

Read the text below and choose the correct word for each space.

For each question, mark the letter next to the correct word - A, B, C or D - **on your answer sheet.**

HEALTH SPAS

Health spas have become places of interest over the decades. They are (26) where people go for days and weeks at a time to seek relaxation and exotic massage therapies that are meant to re-energise the body and replenish the mind. (27) people seek locations that are (28) from cities and distractions with the goal to seek (29) and tranquility. Yet others, who may not have the luxury to leave their (30), seek places within large town and cities that offer (31) treatments and services. Most health spas meet their clients' wishes in various ways, one (32) which is by hiring (33) professionals with various backgrounds. This strategy (34) their clients a wide range of treatments in one location so there is no (35) to visit multiple places.

- | | | | | |
|----|--------------|---------------|---------------|---------------|
| 26 | A places | B houses | C jobs | D cars |
| 27 | A little | B interesting | C many | D because |
| 28 | A next | B isolated | C seen | D against |
| 29 | A peace | B excitement | C fun | D social |
| 30 | A cities | B balcony | C cars | D jobs |
| 31 | A detailed | B similar | C weak | D increased |
| 32 | A these | B this | C such | D of |
| 33 | A skill | B languages | C experienced | D happened |
| 34 | A guarantees | B saves | C tells | D assists |
| 35 | A chance | B need | C cost | D reservation |